

## Learning Plan

**My Client Groups:** Adults and seniors

**Standard/Indicator :**

Standard 1: (Professional and Ethical Practice) A Dietitian practices dietetics in compliance with legislation and organizational requirements. To demonstrate this standard the Dietitian will:

Indicator 2: Practice in compliance with CDBC legislation (Health Professions Act, Dietitians Regulation, CDBC bylaws).

**Self-Assessment Notes:**

New CDBC Bylaws and policies

**Learning Goal:**

Review newly amended Dietitians Regulation, CDBC Bylaws and policies and make any necessary changes to my practice to comply with the new legislation by October 1, 2019.

## Learning Activities

1. Reviewed and discussed amended Dietitians Regulation; confirmed I'm still practicing in compliance to the law re: Restricted Activity A. Learned about new restricted activities and certified practices (Jan-March 2018).
2. Reviewed and discussed amended CDBC Bylaws. Worked with my employer and our insurance broker to change the amount of liability insurance to the new \$2M per occurrence minimum (April 2018).
3. Reviewed policies on consent to treatment, right to refuse treatment and Patient Relations Program on professional boundaries to refresh my knowledge (June-Aug 2018).

## Contribution to practice:

I'm confident I'm practicing within the context of the newly amended Dietitians Regulation, CDBC bylaws and policies.

## Learning Plan Progress Stage

**The current stage of this goal is:** COMPLETED

## Comments/Reasons for Suspension

## Learning Plan

**My Client Groups:** Adults and seniors

**Standard/Indicator :**

Standard 2: (Professional and Ethical Practice) A Dietitian practices within the CDBC scope of practice. To demonstrate this standard the Dietitian will:

Indicator 1: Meet requirements for practicing specific Restricted Activities/Certified practices.

**Self-Assessment Notes:**

Maintain registration with restricted activity A.

**Learning Goal:**

Maintain currency on the topic of enteral nutrition in later life by learning new strategies to better address end-of-life patient/caregiver wishes. I'd like to learn and use at least 3 new strategies by the end of March 2020.

## Learning Activities

Reviewed and discussed with colleagues (April-July 2017): 1. Practicing End-of-Life Conversations: Physician Communication Training Program in Palliative Care. Rucker B, Browning D. 2. Nutrition and hydration at the end of life. Devalois B, Broucke M. Presse Med. 2015. Apr;44(4 Pt 1):428-34.M. J Soc Work End Life Palliat Care. 2015;11(2):132-46. 3. Nutritional support at the end of life. Orrevall Y. Nutrition. 2015 Apr;31(4):615-6

2. Attended ASPEN's webinar on Building a Hospital Structure to Enhance Clinical Ethics and Quality of Life Care. May 2017.

3. Attended ASPEN's webinar on Novel Approaches to Home Nutrition Support. July 2018. Identified 3 strategies for utilizing mobile technologies in the care of the home nutrition support patient.

4. Implemented these 3 new strategies with my colleagues & patients: a. Led evidence-informed discussion with care team about risks/benefits of enteral feeding 86 year-old patient with dysphagia. b. Supported physician colleague during end-of-life discussion to remove enteral feeding tube with patient's family. c. Developed evidence-informed decision tool re: artificial feeding at end of life.

## Contribution to practice:

I feel more confident leading team discussions re: end of life feeding/ artificial feeding and feel more confident in my approach with my patients' caregivers/families.

## Learning Plan Progress Stage

**The current stage of this goal is:** COMPLETED

## Comments/Reasons for Suspension