

**CDBC Update
Volume 4 Number 6
September 2009**

This CDBC Monthly Update includes information on the following items:

- ***Continuing Competence Program (CCP) 2010 Group***
- ***New Continuing Competence Program (CCP) Webcast***
- ***Notice of Pre-AGM Information Session and AGM Friday, October 23***
- ***CDBC/CPSBC Agreement to Updated Standards for the Insertion of Feeding Tubes***
- ***Notice of Upcoming Election to the Board of Directors***
- ***Wanted: Current Registrant Statistical Information***
- ***You Asked About... Recommending and Selling Vitamins***

Continuing Competence Program - 2010 Group Submissions Due

The **2010 Group** (former cohort 3) Professional Development Plans are due for submission on **October 31, 2009**. Professional Development Plans may be mailed, faxed or emailed. If you are unsure about your reporting group and your reporting deadline, please access your online [Personal Profile](#).

New Continuing Competence Program (CCP) Webcast

The CCP workshop is now **available online** in the form of a [webcast](#). The Board and Quality Assurance Committee would like to thank registrants for suggesting this idea and hope it will help your CCP participation. Other CDBC presentations will be provided in webcast form in the future.

Notice of Pre-AGM Information Session and AGM Friday, October 23

Mark your calendar for the CDBC Pre-AGM Information Sessions and the Annual

General Meeting from approximately 2:30 to 5:30pm at Langara College on Friday, October 23. The Pre-AGM information session topics will soon be announced in a separate **invitation**. If you know you will be joining us, please RSVP at info@collegeofdietitiansbc.org. We're looking forward to seeing you!

CDBC/CPSBC Agreement to Updated Standards for the Insertion of Feeding Tubes

The CDBC Board of Directors and the College of Physicians and Surgeons of BC (CPSBC) have approved **recent amendments** to Quality Assurance Committee policy Qac-01: "Standards for Insertion of Nasal/oral Feeding Tubes" and the complementary Practice Guidelines. The amendments were made by the Quality Assurance Committee in April 2009, approved by the CDBC Board in May and by the CPSBC in August 2009. For more information, please refer to the following updated documents: [Standards for Insertion of Nasogastric \(NG\) and Nasoduodenal \(ND\) Feeding Tubes](#) and [Practice Guidelines - Standards for Insertion of Nasogastric \(NG\) and Nasoduodenal \(ND\) Feeding Tubes](#).

Notice of Upcoming Election

By November 1, 2009, you will receive formal notice of the March 1, 2010 election for positions on the CDBC Board of Directors, effective April 1, 2010. The following positions are held by registrants with terms ending March 31, 2010. Note: the bylaws allow for a maximum of three two-year terms. Watch for further information!

- ***Vancouver Coastal - 2 elected positions*** (incumbents are Maria Dedigekas, who has completed 1 term, and Heather Martin, who has completed 2 terms)
- ***Interior/North - 1 elected position*** (incumbent is Robin Watt, who has completed 2 terms)

Wanted: Current Registrant Statistical Information

Please check that the data in your [Personal Profile](#) is complete and accurate. The Ministry of Health Services has recently included Dietitians in a statistical analysis of health care personnel that until now focused on the larger professions. We all know there's a shortage of dietitians and that the need will increase. It's important for the Ministry to be able to make accurate predictions of the future need for dietitians in order to provide an appropriate level of service to the public.

You Asked about... Recommending and Selling Vitamins

Q: May I tell my patients they need specific vitamins and minerals? I've also been approached by a health products company to sell their vitamins and minerals to my patients. Is this allowed by the College?

A: Yes, you can recommend vitamins and minerals to your patients. Under the current federal and provincial laws, schedule 3 drugs (selected from the pharmacy shelf) and unscheduled drugs (available outside a pharmacy setting), which include vitamin and mineral supplements not intended for enteral or parenteral use, may be recommended to patients as they relate directly to the practice of dietetics. Examples include Vitamin A in oral dosage form of less than 10,000 IU per dosage and Vitamin D in oral dosage form containing less than 1,000 International Units of per dosage. Vitamins and minerals listed as Schedule 1 drugs require a prescription for the dosage stated and may not be recommended. For complete information, please refer to the drugs listed alphabetically in the [Drug Schedules Regulation](#) on the [College of Pharmacists of BC website](#).

You may also sell vitamins and minerals but must meet the College's Marketing guidelines (s. 75 of the [CDBC bylaws](#)) and [Code of Ethics](#) principles. Summarized, the vitamins and minerals you are recommending and selling must:

- be needed as determined by an appropriate nutritional assessment, and
- meet the dosage guidelines stated above.

In addition, you must:

- be open and transparent with your patients that you are selling the products and making a profit from the sales
- provide options for buying the recommended vitamins and minerals from other sources
- not adjust your delivery of dietetic care if the patient decides not to purchase the products from you or from another source.

Please contact Mélanie Journoud, Practice Advisor, if you have any questions.

Questions or comments?

Do you have questions or comments about items in this Monthly Update? Would you like CDBC staff to provide an update on the ***Continuing Competence Program (CCP), regulatory matters, College initiatives, or boundaries with clients*** or any other topics? Please contact the office at (604) 736-2016, or through our BC toll-free number at 1 (877) 736-2016 or by email at: info@collegeofdietitiansbc.org. Fern Hubbard, Registrar, and/or Mélanie Journoud, Practice Advisor, would be pleased to meet with your local RD group!

email: info@collegeofdietitiansbc.org

web: <http://www.collegeofdietitiansbc.org>