

## **Professional Practice Policy**

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**Authority:** *Health Professions Act* (HPA), section 16(2)(k)(iii)

### **Background:**

In accordance with the HPA, one of the objects of a College is: "... in the course of performing its duties and exercising its powers..., to promote and enhance... the ability of its registrants to respond and adapt to changes in practice environments, advances in technology and other emerging issues."

A Professional Practice Policy provides guidelines appropriate for all areas of dietetic practice and assists Registered Dietitians with protection of the public.

### **Policy:**

When providing dietetic services, a Registered Dietitian must:

1. Be competent
  - provide services within individual level of competence.
2. Have appropriate information
  - have sufficient information about the client's health status to ensure that the planned dietetic services optimize health outcomes.
3. Consult
  - consult with the client's interdisciplinary health care team as needed.
4. Obtain the client's informed consent.
5. Meet standards, limits, conditions
  - ensure dietetic services are congruent with any standards, limits and conditions associated with the service being provided and that dietetic services are consistent with practice setting policies/protocols.
6. Document
  - document in the client record the assessment for dietetic services, the nutritional or therapeutic care plan, implementation, monitoring and re-assesses data and any adjustments to the care plan.
7. Notify
  - notify appropriate members of the interdisciplinary health care team as soon as reasonably possible.

### **References:**

- CDBC Code of Ethics and Standards of Practice