



Monthly Update November 2010

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Nomination Deadline for Election to the Board of Directors

Registrants recently received an official Election Nomination Notice stating that ***four RD positions*** on the CDBC Board of Directors end March 31, 2011. Elections are being held in the following Electoral Regions:

- ***Vancouver Island***: one 2-year term (April 1, 2011 to March 31, 2013)
- ***Fraser***: one 2-year term (April 1, 2011 to March 31, 2013), and
- ***Interior/North***: two terms: a 2-year term (April 1, 2011 to March 31, 2013) ***and*** a 1-year term (April 1, 2011 to March 31, 2012). Note: the one-year term will be determined in a random draw.

Nominations ***must include*** a short biography and be ***received by December 1, 2010*** on the [Nomination form provided](#).

Thank You for Participating!

Many thanks to the numerous registrants and CDBC Board and Committee public representatives who attended the ***Annual General Meeting and Education Sessions*** on Friday, October 15. Most participants attended on-site in Vancouver and were joined by videoconference to registrants in Prince George, Comox, Victoria and Kelowna. Unfortunately, due to technical difficulties, Nanaimo registrants were unable to connect. ***Education Sessions*** about the new Online Continuing Competence Program and an Update of College Initiatives and Activities will be ***posted on our website*** in the near future.

Thanks too, to registrants who took the time to participate in the ***PDEP*** (Partnership for Dietetic Education and Practice) ***Practice Competencies Survey***. Twenty-four percent of all Canadian RDs responded (which is high for an online survey). The BC response rate will be reported when available. The PDEP team and the CDBC appreciate the time you took to respond. ***Your participation will***

make a difference.

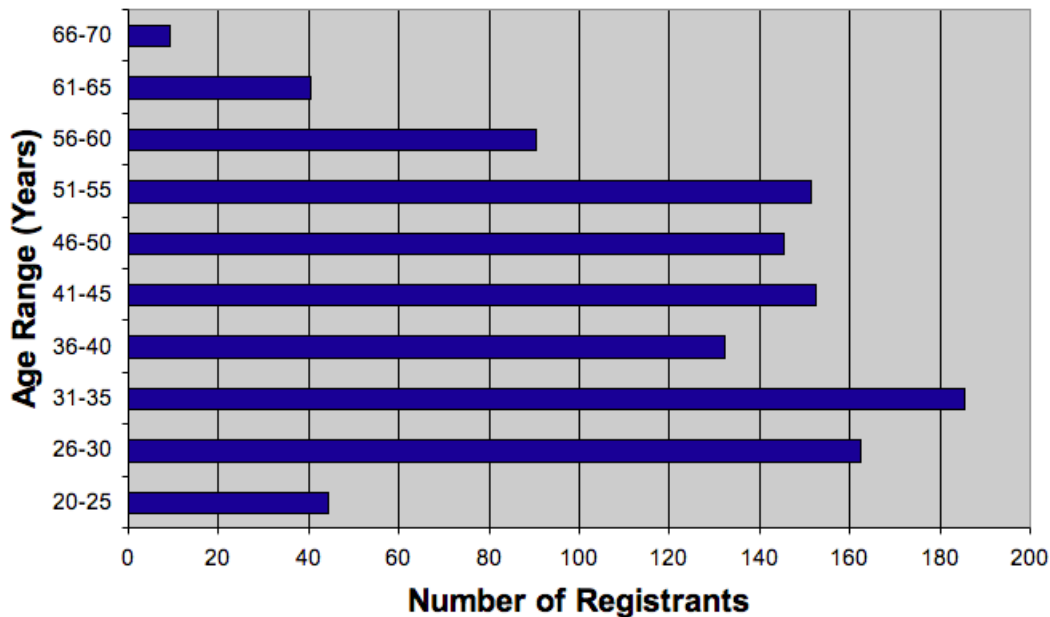
Online Continuing Competence Program Reminder

A reminder to registrants in the **2011 Group**; your Professional Development Plan **was due** for submission on **October 31, 2010**. If you have not already done so, please update your self-assessment and Professional Development Plan by logging into the new [Online Continuing Competence Program](#). When you are ready to submit your plan to the College, click the "Submit Plan" button on the top right of the page. If you are unsure about your reporting group and your reporting deadline, please access your online [Personal Profile](#). **Assessment letters** will be emailed to 2011 group registrants by December 23.

Registrant Statistics

The September Monthly Update included information on registration statistics. This month, demographics are highlighted. Numbers of registrants, as of November 3, 2010, are shown in 5-year age groupings.

Number of CDBC Registrants by Age



Are you interested in Participating on a CDBC Committee?

A few registrants responded to the notice in the last Monthly Update and have submitted a current resume and short email expressing their interest in being appointed to a CDBC committee for terms

beginning April 1, 2011. The Board is very interested in recruiting Full Registrants who have not yet worked with the College. If you are interested, please **submit your application** to Fern Hubbard, Registrar, **by January 14, 2011** at admin@collegeofdietitiansbc.org.

CDBC Email Readership

Email has been the College's main route for communicating with registrants since July 2007. We're very pleased to report that overall, to date, **52% of registrants open CDBC email** and **20% of registrants click on a link** to a document or the website. Our consultant tells us that these statistics are **very high!** Industry standard is 20% for "open" and 12% for "clicks" on a link. These stats inform us that over half of our registrants open, read or scan CDBC emails and one-fifth click on a link for more information. Are there any items you'd like to see included? Which items do you like to read? Which ones do tend to skip? **We're interested in your feedback!** Please comment to admin@collegeofdietitiansbc.org. Thank you!

You Asked... Is it legal for a RD to adjust insulin?

The answer depends on several factors. The most straightforward situation is **an ambulatory patient receiving diabetes counseling from a RD in an outpatient setting**. The RD educates the patient on the correct amount of insulin to take for a range of blood glucose readings. Education is part of community diabetes practice and providing information is legal. The RD is not adjusting the patient's insulin but instructing the patient in appropriate **self-management** of diabetes. (Note: Insulin is a Schedule II drug and may be obtained by the patient "over the counter" from a community pharmacy.)

If the same patient is admitted to a **health care facility** (hospital, long-term care facility, etc) admittance records would include the patient's use of insulin. In most facilities, all drugs are dispensed from the facility pharmacy on prescription, even if the drug is classed as non-scheduled or Schedule II. **A prescription is required** because pharmacists may only legally dispense drugs to specific health professionals referred to as "authorized prescribers" (physicians, dentists, veterinarians, midwives, nurse practitioners, etc). If a RD determined the need to adjust the patient's insulin, the prescription would have to be changed by an authorized prescriber in order for the pharmacist to legally dispense the new insulin dose. This can delay the patient obtaining the correct amount of insulin and is a barrier to efficient, effective health care delivery. In response to this problem (and other "barrier" problems), some health care facilities, mostly rural, have developed **an inter-professional protocol for insulin that outlines the range of adjustment a RD could make that would be dispensed by the pharmacist without a prescription**. If a protocol like this exists in your facility, it was probably developed and approved by an inter-disciplinary health care committee in conjunction with facility administrators. The Health Authority may be also asked to review and agree to the protocol. The CDBC encourages development of workable protocols such as this and is working to include specified drugs in the "design" of enteral and parenteral formulas. If approved by government, these principles will be included as new Restricted Activities.

Questions? Comments?

Please contact Fern Hubbard, Registrar or Mélanie Journoud, Deputy Registrar, if you have questions about items in this Monthly Update or to arrange a meeting with your local RD group. Call 604.736.2016 or toll-free in BC to 1.877.736.2016, or email us at info@collegeofdietitiansbc.org. We look forward to hearing from you!

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