

APPENDIX 2 – COMMUNITY/ PUBLIC HEALTH DIETITIAN

SAMPLE ONLINE SELF-ASSESSMENT & PROFESSIONAL DEVELOPMENT PLAN

SELF-ASSESSMENT

Standard 1	Standard 2	Standard 3	Standard 4	Standard 5	Standard 6	Standard 7
See Goals For this Standard						
Standard 2: A Registered Dietitian communicates and interacts clearly and effectively with individuals and groups.						Y N N/A
1. Adapts verbal and written communication styles to meet the needs and level of understanding of others.						<input checked="" type="radio"/> <input type="radio"/> <input type="radio"/>
2. Uses appropriate information gathering skills to compile accurate, comprehensive and relevant information, including but not limited to: interviews, meetings, focus groups, surveys.						<input type="radio"/> <input type="radio"/> <input checked="" type="radio"/>
3. Provides education to meet the learning needs of clients, groups and others, including but not limited to: clients, care givers, students, dietetic interns, other professionals, employees.						<input checked="" type="radio"/> <input type="radio"/> <input type="radio"/>
4. Facilitates teamwork, including but not limited to: clients, care givers, agencies, employees, colleagues, other professionals.						<input type="radio"/> <input type="radio"/> <input checked="" type="radio"/>
5. Uses effective counselling and listening skills.						<input checked="" type="radio"/> <input type="radio"/> <input type="radio"/>

Learning Plan
[Hide Section](#)

My Client Groups: Communities, individuals

Standard/Indicator #: **Self Assessment Notes:**

Standard 2: A Registered Dietitian communicates and interacts clearly and effectively with individuals and groups.

Indicator 1: Adapts verbal and written communication styles to meet the needs and level of understanding of others.

Learning Goal:

To learn effective ways and develop resources for raising awareness of the link between food security and health amongst internal stakeholders

Learning Activities
[Hide Section](#)

- Conduct an environmental scan of existing materials in BC
- Pilot a presentation to Environmental Health Management group and solicit evaluation feedback

Contribution to Practice
[Hide Section](#)

Supports the need to effectively communicate with internal stakeholders about why food security is of concern to the health sector

Learning Plan Progress Stage
[Hide Section](#)

Indicate your progress stage on this learning plan (goal and activities).

Preliminary
Intermediate
Substantial
Completed
Suspended

Comments/Reasons for Suspension

Learning Plan [Hide Section](#)

My Client Groups: Communities, individuals 

Standard/Indicator #:

Self Assessment Notes:

Standard 2: A Registered Dietitian communicates and interacts clearly and effectively with individuals and groups.

Indicator 3: Provides education to meet the learning needs of clients, groups and others, including but not limited to: clients, care givers, students, dietetic interns, other professionals, employees.

Learning Goal: 

To develop and evaluate a more effective way for public health nurses to perform growth monitoring of infants and children

Learning Activities  [Hide Section](#)

- Conduct an environmental scan to determine current state of growth monitoring practice amongst public health nurses
- Develop, along with public health nurses tools, resources and supports to enhance their ability to monitor the growth of infants and children according to best practice
- Conduct a pilot project testing the new resources and supports

Contribution to Practice  [Hide Section](#)

Informs a principle area of practice ie, educating public health nurses effectively

Learning Plan Progress Stage  [Hide Section](#)

Indicate your progress stage on this learning plan (goal and activities).

Preliminary **Intermediate** **Substantial** **Completed** **Suspended**

Comments/Reasons for Suspension

Preliminary Progress:	have developed a plan	Intermediate:	have started working on plan
Completed:	all activities complete and integrated in practice	Suspended:	work on plan discontinued
Substantial:	nearing completion of plan		

Learning Plan [Hide Section](#)

My Client Groups: Communities, individuals 

Standard/Indicator #:

Self Assessment Notes:

Standard 2: A Registered Dietitian communicates and interacts clearly and effectively with individuals and groups.

Indicator 5: Uses effective counselling and listening skills.

Learning Goal: 

To improve skill and comfort level in nutrition counseling of individuals

Learning Activities  [Hide Section](#)

- Complete course in motivational interviewing
- Seek out at least 3 opportunities to provide pediatric nutrition counseling to caregivers using the principles of motivational interviewing

Contribution to Practice  [Hide Section](#)

Supports the need to practice individual counseling using a recent model of counseling for behavior change

Learning Plan Progress Stage  [Hide Section](#)

Indicate your progress stage on this learning plan (goal and activities).

Preliminary Intermediate Substantial Completed Suspended

Comments/Reasons for Suspension

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Completed:	all activities complete and integrated in practice	Suspended:	work on plan discontinued
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SELF-ASSESSMENT

Standard 1 Standard 2 **Standard 3** Standard 4 Standard 5 Standard 6 Standard 7

See Goals For this Standard

Standard 3: A Registered Dietitian applies current research and best practice findings when delivering services.	Y	N	N/A
1. Demonstrates competence in all areas of current practice.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
2. Acquires and applies new knowledge, skills and abilities to all areas of practice.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
3. Acts as a credible and reliable source of current food and nutrition information.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
4. Applies critical thinking skills in problem solving and decision making.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
5. Manages change in professional practice.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

Learning Plan

[Hide Section](#)

My Client Groups: Communities, individuals 

Standard/Indicator #:

Self Assessment Notes:

Standard 3: A Registered Dietitian applies current research and best practice findings when delivering services.

Indicator 5: Manages change in professional practice.

Learning Goal: 

2008 goal: To improve skill and comfort level in accessing evidence based research information on food security issues via the internet 2012 goal: To improve skill and comfort level in the area of pediatric nutrition

Learning Activities

[Hide Section](#)

2008 activities: • Book tutorial with Health Authority Librarian to become familiar with their resources • Observe a faculty member conducting internet searches in an academic setting 2012 activities: • Review all current public and professional print resources eg. PEN pathways related to pediatric nutrition • Observe a colleague delivering an orientation to pediatric nutrition to another group of health professionals

Contribution to Practice

[Hide Section](#)

2008: Supports new area of practice in food security and the need to become familiar with credible sources of evidence based information and/or best/emerging practice 2012: Supports a return to a previous area of practice and the need to become re-familiarized with sources of evidence based information and/or best/emerging practice

Learning Plan Progress Stage

[Hide Section](#)

Indicate your progress stage on this learning plan (goal and activities).

Preliminary

Intermediate

Substantial

Completed

Suspended

Comments/Reasons for Suspension

The goal and activities for 2008 have been completed The above check in the "intermediate" box applies to the goal and activities for 2012

Preliminary Progress:

have developed a plan

Intermediate:

have started working on plan

Completed:

all activities complete and integrated in practice

Suspended:

work on plan discontinued

Substantial:

nearing completion of plan

SELF-ASSESSMENT

Standard 1	Standard 2	Standard 3	Standard 4	Standard 5	Standard 6	Standard 7
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		See Goals For this Standard		
Standard 7: A Registered Dietitian applies effective and appropriate organizational management systems and principles.		Y	N	N/A
1. Manages effectively and appropriately directs the work of others.		<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
2. Develops, implements and evaluates organizational policies and procedures.		<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. Complies with and ensures compliance with appropriate federal, provincial and municipal government regulations.		<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
4. Manages human resources in a fair, ethical and effective manner, including but not limited to staffing requirements, job descriptions, recruiting, hiring, retention strategies, scheduling, allocating work load, progressive discipline, performance		<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
5. Manages services and material resources in an effective, efficient and responsible manner.		<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
6. Develops and implements risk management evaluation/continuous quality improvement programs.		<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>

Learning Plan [Hide Section](#)

My Client Groups: Communities, individuals 

Standard/Indicator #:

Self Assessment Notes:

Standard 7: A Registered Dietitian applies effective and appropriate organizational management systems and principles.

Indicator 2: Develops, implements and evaluates organizational policies and procedures.

Learning Goal: 

To learn about and develop an organizational structure for the delivery of the new food security program

Learning Activities [Hide Section](#)

- Conduct an environmental scan of, and develop frameworks to guide priority actions taken by the program
- Attend health authority workshop on Project Management Nov. 24 08

Contribution to Practice [Hide Section](#)

Enhances my ability to speak to the management of the food security program within a structure

Learning Plan Progress Stage [Hide Section](#)

Indicate your progress stage on this learning plan (goal and activities).

Preliminary **Intermediate** **Substantial** **Completed** **Suspended**

Comments/Reasons for Suspension

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Completed:	all activities complete and integrated in practice	Suspended:	work on plan discontinued
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