

## APPENDIX 1 – CLINICAL DIETITIAN


### SAMPLE ONLINE SELF-ASSESSMENT & PROFESSIONAL DEVELOPMENT PLAN

#### SELF-ASSESSMENT

Standard 1	Standard 2	Standard 3	Standard 4	Standard 5	Standard 6	Standard 7																																												
<b>See Goals For this Standard</b>																																																		
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## Learning Plan

[Hide Section](#)

**My Client Groups:** acute care, longterm care 

### Standard/Indicator #:

Standard 1: A Registered Dietitian assumes accountability and responsibility in the provision of competent, safe, ethical, and professional practice.

Indicator 3: Provides services within their scope of practice and personal competence, including but not limited to, Restricted Activity registration, insertion of feeding tubes, dysphagia assessments.

### Self Assessment Notes:

Enteral and TPN reserved acts, always looking to increase knowledge

### Learning Goal:

Maintain and increase knowledge to practice enteral and parenteral nutrition with most current, clinical practice guidelines.

## Learning Activities

[Hide Section](#)

Review publications put out by the ADA dietitians in nutrition support practice group (nutrition currents)

Review enteral/parenteral nutrition articles published by the ADA medical nutrition practice group (medical nutrition matters).

Review 2009 Critical Care Enteral Nutrition Clinical Practice Guidelines

Webinar (handout review): No 'Gut' no glory: moving beyond TPN - clinical benefits of EN

Webinar (handout review): The diarrhea dilemma: promoting GI tolerance through EN

Webinar (handout review): Sweet and Low: Better Glycemic Control through EN

Read Community Care Nutri-News Oct 2011, home tube feed updates

Review Critical Care Bedside materials for nutritional, assessment, EN assesment, PN assessment

Review Clinical Practice Guidelines For PN: composition, strategies to optimize benefits and minimize risk, and supplementing with antioxidant nutrients.

## Contribution to Practice

[Hide Section](#)

Stay a top of current research, best practice, and clinical nutrition guidelines.

## Learning Plan Progress Stage

[Hide Section](#)

Indicate your progress stage on this learning plan (goal and activities).

**Preliminary   Intermediate   Substantial   Completed   Suspended**

**Comments/Reasons for Suspension**

## SELF-ASSESSMENT

- [Standard 1](#)
[Standard 2](#)
[Standard 3](#)
[Standard 4](#)
[Standard 5](#)
[Standard 6](#)
[Standard 7](#)

See Goals For this Standard			
Standard 1: A Registered Dietitian assumes accountability and responsibility in the provision of competent, safe, ethical, and professional practice.	Y	N	N/A
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8. Incorporates appropriate continuous quality improvement programs into practice including, but not limited to: audits, surveys, variance analysis.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>To learn about and integrate quality improvement programs into clinical practice.</b>			
9. Incorporates relevant risk management strategies into practice, including but not limited to: disaster, pandemic, contingency, strike/lock out, threat, supply/service disruptions.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>

**Learning Plan**
[Hide Section](#)

**My Client Groups:**

**Standard/Indicator #:** Standard 1: A Registered Dietitian assumes accountability and responsibility in the provision of competent, safe, ethical, and professional practice.

Indicator 8: Incorporates appropriate continuous quality improvement programs into practice including, but not limited to: audits, surveys, variance analysis.

**Learning Goal:**

To learn about and integrate quality improvement programs into clinical practice.

**Self Assessment Notes:**

To learn about and integrate quality improvement programs into clinical practice.

**Learning Activities**
[Hide Section](#)

1. Participate/member in the NICU quality improvement team.

2. Conduct a QI activity in my clinical practice (neonatal nutrition) using PDSA cycle.

**Contribution to Practice**
[Hide Section](#)

Ability to evaluate and improve patient care and/or enhance efficiency in clinical practice.

**Learning Plan Progress Stage**
[Hide Section](#)

Indicate your progress stage on this learning plan (goal and activities).

**Preliminary**
**Intermediate**
**Substantial**
**Completed**
**Suspended**

**Comments/Reasons for Suspension**

## SELF-ASSESSMENT

Standard 1	Standard 2	Standard 3	Standard 4	Standard 5	Standard 6	Standard 7		
See Goals For this Standard								
<b>Standard 2: A Registered Dietitian communicates and interacts clearly and effectively with individuals and groups.</b>						Y	N	N/A
1. Adapts verbal and written communication styles to meet the needs and level of understanding of others.						<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
2. Uses appropriate information gathering skills to compile accurate, comprehensive and relevant information, including but not limited to: interviews, meetings, focus groups, surveys.						<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
3. Provides education to meet the learning needs of clients, groups and others, including but not limited to: clients, care givers, students, dietetic interns, other professionals, employees.						<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>To acquire/improve presentation skills using computer technologies, such as power point slides for education sessions/lectures/poster presentation.</b>								
4. Facilitates teamwork, including but not limited to: clients, care givers, agencies, employees, colleagues, other professionals.						<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
5. Uses effective counselling and listening skills.						<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>

**Learning Plan**
[Hide Section](#)

**My Client Groups:**

**Standard/Indicator #:** Standard 2: A Registered Dietitian communicates and interacts clearly and effectively with individuals and groups.

Indicator 3: Provides education to meet the learning needs of clients, groups and others, including but not limited to: clients, care givers, students, dietetic interns, other professionals, employees.

**Learning Goal:**

To acquire/improve presentation skills using computer technologies, such as power point slides for education sessions/lectures/poster presentations.

**Self Assessment Notes:**

To acquire/improve presentation skills using computer technologies, such as power point slides for education sessions/lectures/poster presentation.

**Learning Activities**
[Hide Section](#)

Take a course or tutorial (eg. on line) to enhance computer presentation skills and use of power point

Give a presentation using acquired computer knowledge and skills.

**Contribution to Practice**
[Hide Section](#)

Improved presentation skills to optimize audience learning and attention, as well as enhance speaker confidence.

**Learning Plan Progress Stage**
[Hide Section](#)

Indicate your progress stage on this learning plan (goal and activities).

**Preliminary**
**Intermediate**
**Substantial**
**Completed**
**Suspended**

**Comments/Reasons for Suspension**

## SELF-ASSESSMENT

Standard 1	Standard 2	Standard 3	Standard 4	Standard 5	Standard 6	Standard 7
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See Goals For this Standard

Standard 3: A Registered Dietitian applies current research and best practice findings when delivering services.	Y	N	N/A
1. Demonstrates competence in all areas of current practice.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
2. Acquires and applies new knowledge, skills and abilities to all areas of practice.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Update my knowledge on gastrointestinal dysfunction/intestinal failure in neonates/pediatric patients.</b>			
3. Acts as a credible and reliable source of current food and nutrition information.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
4. Applies critical thinking skills in problem solving and decision making.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
5. Manages change in professional practice.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>

### Learning Plan

[Hide Section](#)

#### My Client Groups:

##### Standard/Indicator #:

Standard 3: A Registered Dietitian applies current research and best practice findings when delivering services.

Indicator 2: Acquires and applies new knowledge, skills and abilities to all areas of practice.

##### Self Assessment Notes:

Update my knowledge on gastrointestinal dysfunction/intestinal failure in neonates/pediatric patients.

#### Learning Goal:

Update my knowledge on gastrointestinal dysfunction/intestinal failure in neonates/pediatric patients.

### Learning Activities

[Hide Section](#)

Review current articles/journals/texts on GI dysfunction in neonates /pediatric.

Attend conferences ,lectures, seminars on the topic.

### Contribution to Practice

[Hide Section](#)

Improved knowledge on GI dysfunction in neonates that can be applied to development of nutritional guidelines/protocols

### Learning Plan Progress Stage

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**Comments/Reasons for Suspension**